

I'm not a procrastinator. I just wait until the last minute because I will be older, and therefore wiser. It's strategic.



NEW YEAR'S RESOLUTIONS

2018: I will get my weight down below 180 lbs.

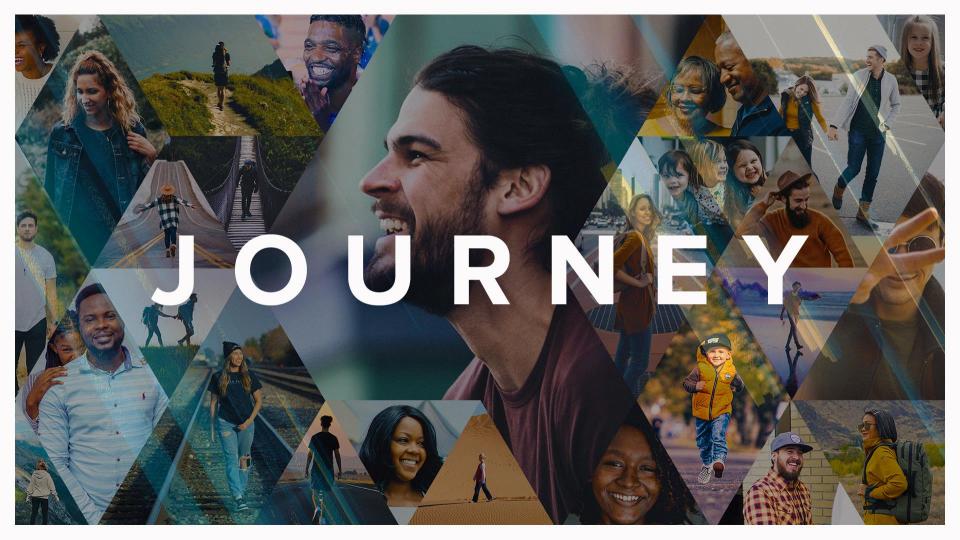
2019: I will follow my new diet religiously until I get below 200 lbs.

2020: I will develop a realistic attitude about my weight.

2021: I will work out 3 days a week.

2022: I will try to drive past a gym at least once a week.





Overcoming your past is difficult. It is much easier to just keep doing what you have always done, but don't be surprised when you keep getting what you always got.





After the death of Moses the servant of the LORD, the LORD said to Joshua son of Nun, Moses' aide: "Moses my servant is dead. Now then, you and all these people, get ready to cross the Jordan River into the land I am about to give to them—to the Israelites.

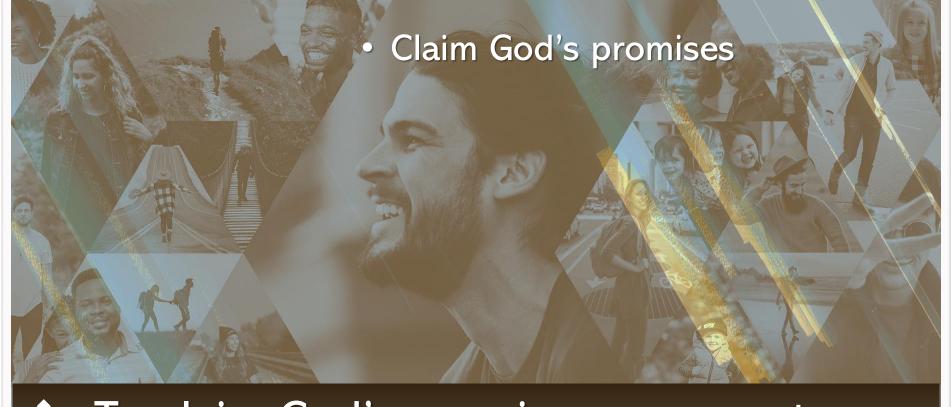
Community

I will give you every place where you set your foot, as I promised Moses.



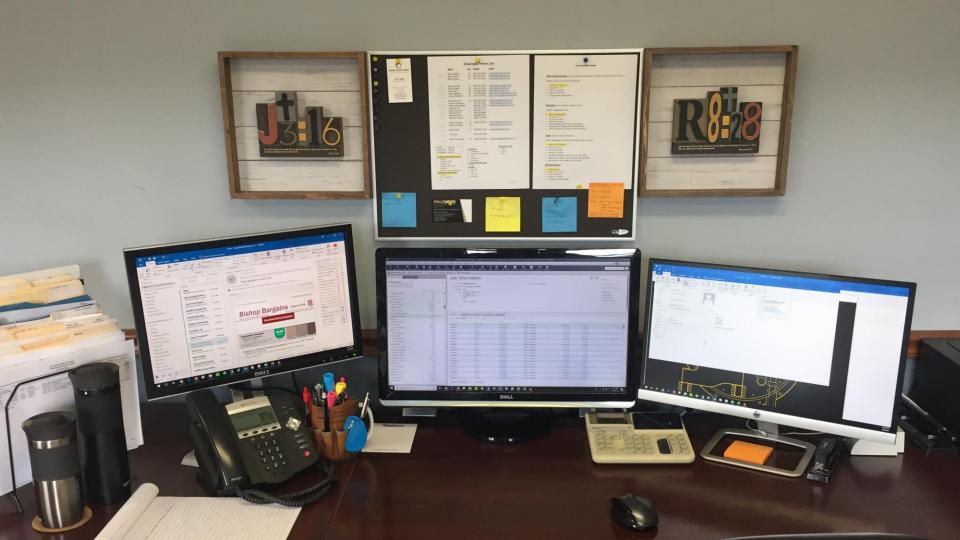
Joshua is going to make a major life change based on a promise from God





To claim God's promises, you must know what He has promised

Keep this Book of the Law always on your lips; meditate on it day and night,...



All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work.



Moreover he said unto me, Son of man, eat that thou findest; eat this roll, and go speak unto the house of Israel. So I opened my mouth, and he caused me to eat that roll. And he said unto me, Son of man, cause thy belly to eat, and fill thy bowels with this roll that I give thee.

Community

But those who trust in the Lord will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint.

Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest.



The only way you are going to know God's promises for you is if you are being exposed to His Word.



A good man brings good things out of the good stored up in him, and an evil man brings evil things out of the evil stored up in him.

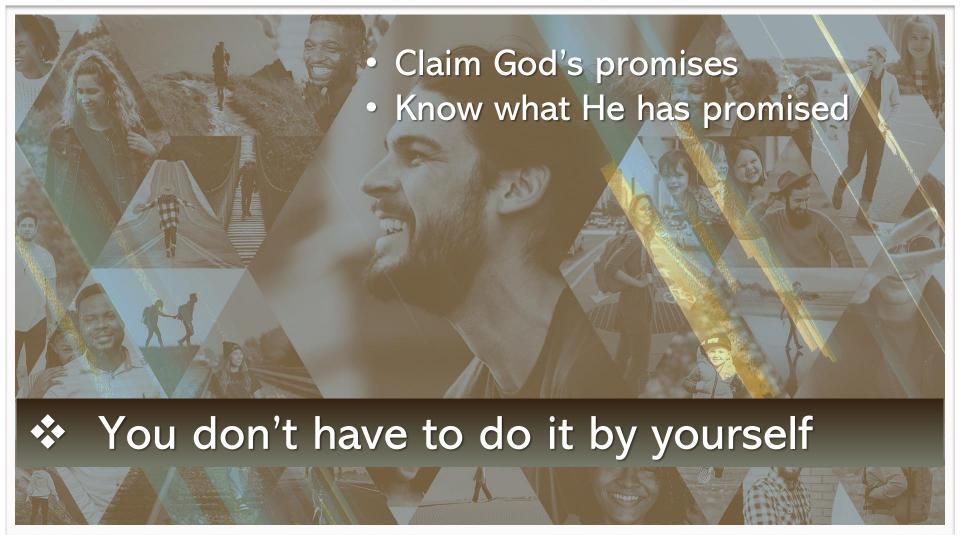


Instead, let the Spirit renew your thoughts and attitudes.



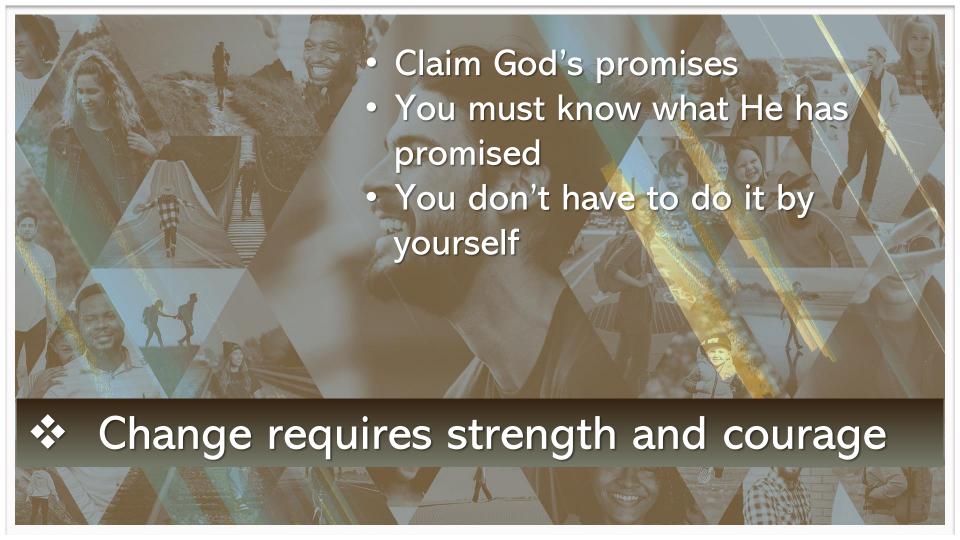
Goals alone don't determine success. It is the small habits that bring lasting life changes.





No one will be able to stand against you all the days of your life. As I was with Moses, so I will be with you; I will never leave you nor forsake you.





Be strong and courageous, because you will lead these people to inherit the land I swore to their ancestors to give them. "Be strong and very courageous...

Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you."



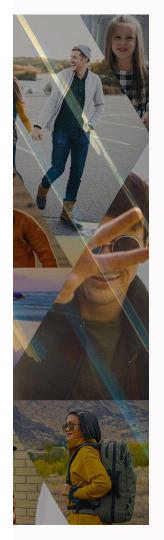
Then Moses summoned Joshua and said to him in the presence of all Israel, "Be strong and courageous, for you must go with this people into the land that the Lord swore to their ancestors to give them, and you must divide it among them as their inheritance.

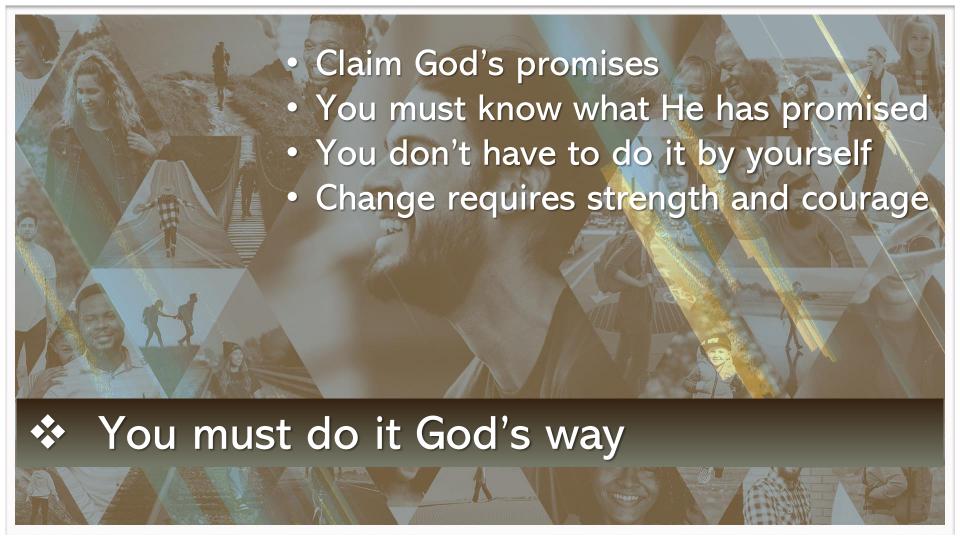
The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged."



If God promises it, you can do it.

When you are afraid, it means that you are relying on your own strength instead of God's.





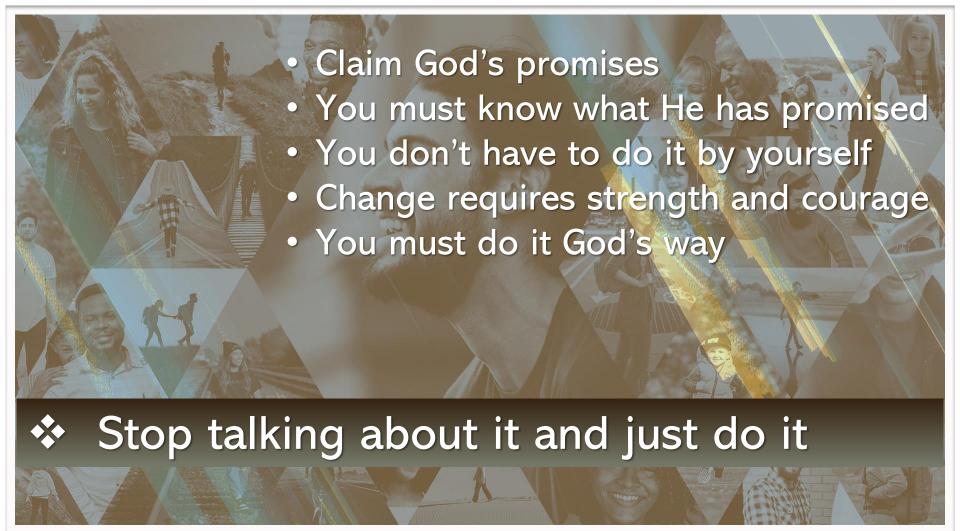
"Be strong and very courageous. Be careful to obey all the law my servant Moses gave you; do not turn from it to the right or to the left, that you may be successful wherever you go.



Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.



But don't just listen to God's word. You must do what it says. Otherwise, you are only fooling yourselves.



"Moses my servant is dead. Now then, you and all these people, get ready to cross the Jordan River into the land I am about to give to them—to the Israelites.

So Joshua ordered the officers of the people: "Go through the camp and tell the people, 'Get your provisions ready. Three days from now you will cross the Jordan here to go in and take possession of the land the LORD your God is giving you for your own.' "

- Claim God's promises
- You must know what He has promised
- You don't have to do it by yourself
- Change requires strength and courage
- You must do it God's way
- Stop talking about it and just do it

